



# TAMARA E. RICHARDS

**Nationality:** Canadian

**Hair:** Blonde **Eyes:** Blue **Height:** 5"5 (165 cm)

**Accents:** American (various), British (RP), Irish, Scots, French, French Canadian, Russian, Italian

## ACTING TRAINING

Montreal, Canada: Suzanna Lenir: On camera Training; Carter Thor Studios East: Scene Study with Jock Macdonald; Gordon McCall: character workshop and playwriting

Italy: Meisner Workshop: Jacqueline McClintock, Trevor Hayes

Cape Town: Theatre du hazard Clown Workshop; Rodini Films: Acting Technique, Scene Study; Act Cape Town: On Camera, Meisner, and Voiceover

Amsterdam: In Players workshops in Commedia dell'arte, improvisation and method

Montreal: Pauline Rathbone: Private coaching; Montreal Children's Theatre: 1 year course

## AWARDS

Nominated for Best Actress for Elizabeth in The Crucible

Won Best Supporting Actress for Blanche in Romantic Comedy

## FILM/TV

	ROLE	DIRECTOR
Fatal Vows	Lead	John Deichter
Baby You Can Drive My Car	Lead	Chris Wilding
DYS	Supporting	Maude Michaud
Slow Burn	Supporting	Jade Alfaro
Maria's Boys	Supporting	Nyambura Waruingi
I am Home	Supporting	Sebastien Temlett
Implosion	Supporting	Thor Rickson
Infestation	Supporting	Discovery Channel
Safe House	Supporting	Daniel Espinosa
Text Me	Lead	Abigail Florence
Retreat	Lead	Tim Phillips
Rose Garden	Lead	Tom Haddock
Flinch	Supporting	George Erschbamer

## SELECTED THEATRE:

	ROLE	THEATRE
Pool (No Water)	Emma	Gordon McCall
Terminal C	Val	Montreal Fringe/Julia Ainsworth
Hedda Gabler	Hedda Gabler	Masque Theatre/Richard Higgs
Last of the red hot Lovers	Elaine	Milnerton Theatre
The Crucible	Elizabeth Proctor	Masque Theatre/Barbara Basel
Romantic Comedy	Blanche	Masque Theatre/Wendy Goddard
Overruled	Mrs. Juno	In Players/Johan Stadius Muller
Ducktown	Louise	In Players/Jon Jordan
The Miser	La Fleche	In Players/Jeremiah Fleming
Jack in the Beanstalk	Mo	In Players/Stuart Idell
Stags and Hens	Carol	In Players/Paul Jones
Cat on A Hot Tin Roof	Brick (all female cast)	UWCC Drama/Rhodri Lewis

## VOICE & SPEECH:

Voiceover for HIV/AIDS training for Radio Netherlands Centre, Amsterdam

Voice over for 'Rikus Nieuwhuis' album Karmic Kick, Cape Town

Narration of environmental documentaries for Westerveld Conservation Trust, Amsterdam

**SKILLS**

Improvisation, yoga, tennis, squash, beach tennis, cross country/downhill skiing, cycling, dance, skating, rollerblading, horseback riding, waterskiing, canoeing, kayaking